

Old Thinking/New Thinking

# EVERYDAY VILLAGE

The Code of DOING

## Authoritarian

Our typical way of managing ourselves is based on a top-down management style, as if we need to force or push ourselves to take action that we don't really want to do.

## Disciplined

Discipline implies control. And the idea that the Self needs to be controlled is like saying we need to ride roughshod over who we are to accomplish the things we need and want.

## Need to Survive

We may be most unaware of the drivers behind much of our 'thinking' about DOING. Fear-based feelings about having enough of our physical, emotional and spiritual needs often weigh us down.

## Unconscious

This control, pushing, pulling, survival-oriented approach to DOING causes the rest of the Self to go unconscious and capitulate, defer and follow what feels like orders. There is less Self to show up.

## Unloving

Needless to say, when our inner leader doesn't get what it wants, it blames, accuses, and makes us wrong for NOT delivering on what it thought was the desired outcome. We pay for the human parts that are wanting to be listened to.

## Misaligned

Trying to be productive when we're misaligned internally takes extra effort, expends unnecessary energy and detracts from our source of core motivation for the heart.

## Reactive

When you're driven by hidden motivators,, operating from a top down inner management style and insensitive to your inner Self, you will find yourself reactively DOING likely forgetting that feeling and being joyful is a necessary part of DOING.

## Collaborative

When we are collaborative within the Self, then we generate and gather more support around what we want, why it's important for us and how we might best execute to reflect ALL our needs.

## Creative

The creative way to relate to life is to listen to more of the Self. To come from a place that is less attached to the outcome and more about the process of experimenting, questioning and curiosity.

## Are Enough

Although it's impossible to FEEL like we're enough, we can become very attuned to the feeling of acting from this place and it can assist us in slowing down and dropping in to listen more deeply to Self.

## Conscious

the conscious mind is made possible by allowing conflicting wants and needs to be voiced. It also helps you to source aspects of the Self that aren't aligned with the reasons for the DOING.

## Empathetic

IWe don't really allow for the complexity of our humanness. We treat ourselves as if we're robotic, with no feelings or nuanced needs. Being empathetic doesn't thwart our DOING, it includes us in it because we want to show up.

## Whole

Think of it as strength brought to any task. Ten people helping make more progress than 1? This is how it works within the Self. Get WHOLE and find you have a team working towards your goals.

## Choosing

IThere's power in truly choosing what you are and aren't going to do with your time. And when you bring along MORE of your inner Self and a willingness to craft and create something that's collaborative, you have real choice-making ability.